

**A free evening workshop  
for parent/carers**

**Delivered by ADHD/Autism  
Specialist Trainers  
from ADD-vance**



**Dacorum DSPL Area 8 are pleased to present**

## **Understanding ADHD for Parent/Carers**

This 2-hour workshop is designed to meet the needs of parent/carers to help them build on existing skills in supporting children with ADHD

**The workshop will take place between 7 pm - 9 pm  
on  
Wednesday 26th June 2019  
at**

**Willow Room, Hobbs Hill Wood Primary School,  
Peascroft Road, Hemel Hempstead HP3 8ER**

To book, please call Ashley Fabray on 07525 917125 or email [fabraya@kls.herts.sch.uk](mailto:fabraya@kls.herts.sch.uk)  
Places are limited, so please do book early to avoid disappointment

Please note that this course is only open to Dacorum parents/carers

**DSPL** | Delivering Special  
Provision Locally  
*Achieving quality outcomes*

## **Who is this workshop for?**

Parent/carers of children/young people aged 5 –14 with a diagnosis or suspected diagnosis of Attention Deficit Hyperactivity Disorder (ADHD)

## **What are the Learning Outcomes?**

This workshop will help parent/carers:

- Understand what is ADHD
- Describe common myths and facts about ADHD
- Recognise the diagnostic criteria for ADHD
- Identify strengths and difficulties faced by a child with ADHD
- Discover top tips

## **What methods will be used at the workshop?**

Presentation and small group work

## **What will be provided?**

- Light refreshments
- Workshop learning pack

## **When and where will the workshops take place?**

Willow Room  
Hobbs Hill Wood Primary School  
Peascroft Road  
Hemel Hempstead  
HP3 8ER

On Wednesday 26th June 2019, from 7 pm to 9 pm

## **How do I book a place?**

Please book via: <https://dspl8.eventbrite.co.uk/>